

2016 Annual Report

# Sustenance



**EMERGENCY  
FOOD  
NETWORK**



# 2015 AT A GLANCE



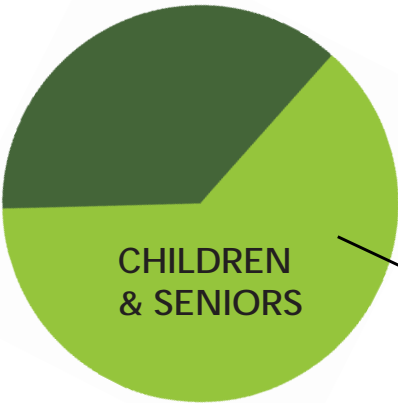
**1 in 7 people** struggle with hunger in Washington State.

**1.4**  
MILLION  
VISITS

are made to food banks, shelters & meal sites in Pierce County each year.

**16**  
MILLION  
POUNDS

of food is distributed by Emergency Food Network for people in need.



**54%** of visits to emergency food programs are on behalf of children and seniors.

**\$1 = \$12**

For every \$1 donated, EFN distributes \$12 worth of food.

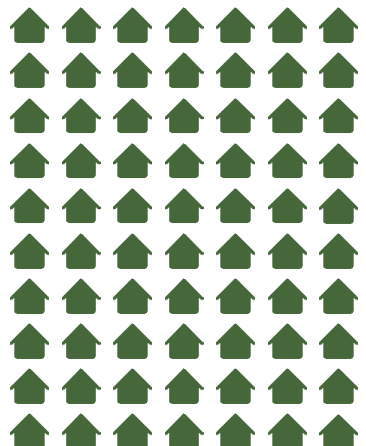
Chronic hunger and malnutrition prevents children from reaching their full potential, affecting their health, ability to learn in school, and future economic prosperity.

**82%** of the food EFN distributes comes from community food drives & donations.

Consistent food insecurity can lead to a range of illnesses including hypertension and diabetes.

**70**

EFN gives food to 70 food banks, meal sites & shelters in Pierce County.



# Executive Director Report

Helen McGovern-Pilant, Executive Director



As I reflect back on 2015 one word comes to mind – GRATEFUL. I am grateful for all of our amazing supporters and donors. We could not keep up with the demand we face on a daily/weekly basis without the donation of time, talent and treasure from literally thousands of supporters. My hope is that all of you know what an incredible difference you are making when you do a repack, volunteer at the farm, have a food drive, attend one of our events, write a check, donate an entire semi truck of apples or partner with us in a program. I am also grateful for an outstanding Board of Directors who shares our passion as ambassadors in the community. We have a dedicated, lean, hardworking staff at EFN who give their all day after day.

We continue to partner in high impact ways with FISH Food Banks of Pierce County on our Mobile Food Bank which now makes nine stops a week. Break Bags with St. Leo Food Connection, Tacoma and Clover Park School Districts has grown to 2,000 bags going home to help students and their families fight hunger at Spring, Thanksgiving and Winter breaks. United Way's Hunger-Free Pierce County Collaborative has brought us all together to build our coalition and tackle issues together. They purchased three vans for us that are being utilized by many hunger relief programs throughout the County. Our larger

regional partners, Rotary First Harvest, Northwest Harvest, Fred Meyer, Pepsico and, added in December, World Vision, are instrumental in aiding in our ability to access truckloads of healthy nutritious food as well as much needed personal and hygiene items.

We know that in Pierce County 34% of the households are low-income. A single incident such as a broken-down vehicle or a lengthy illness could trigger a household crisis. Through our partnership with the 70 hunger relief programs in our network we strive to provide that much needed safety net. In 2015, more than 50% of those seeking assistance from food banks and meal sites were working families with children as well as seniors. As we look to the future we see the number of folks going to food banks remaining close to the same, however, the demographic is changing. Each day, 10,000 citizens in the U.S. turn 65 and we know the number of people seeking food assistance in this age group will grow in coming years. Along with the numbers will be the ever increasing need to focus on distribution of low sodium, sugar free, healthy and nutritious food.

What do the numbers tell us about 2015? 1,414,290 client visits; 16,079,395 pounds of food distributed in Pierce County. Client visits are down by 7,000 and pounds distributed are up by 367,398. What story do those numbers tell us? They tell us by increasing the amount of food we can distribute at each visit families have to return fewer times. Individuals can focus on their families, their jobs and not spend valuable resources on another trip to the food bank.

On behalf of our neighbors in need we thank you for continuing to help “to provide Pierce County with a consistent, diverse and nutritious food supply so that no person goes hungry.”

**Providing Pierce County with a consistent, diverse and nutritious food supply so that no person goes hungry.**

# Board Chair Report

Therese Pasquier, Past Chair, EFN Board of Directors



It is often said that the greatest joy is when we give of ourselves for a greater purpose. As I reflect on my term as board chair, I'm filled to the brim with joy for our accomplishments "to provide Pierce County with a consistent, diverse, and nutritious food supply so that no person goes hungry." It has been an absolute honor and privilege to serve this dynamic organization.

We are very fortunate to have an engaged board who give freely of their time, talent, and treasure. Each individual member spreads

so much goodness because they spur a ripple effect of generosity throughout our community. Their hearts are in the right place and their sphere of influence is wide and deep. Best. Board. Ever!

Under the board's stewardship, EFN is poised to expand so we can meet the growing needs of our communities. The 18-member board unanimously voted to launch the Capacity Building Campaign in early 2015, and I'm happy to report that 100% has participated in this shared vision. We are making great strides in raising the \$2 million goal, but our ambitious campaign will require your continued support. Look for more information to come in the next few months.

The future is bright with new board leadership, too. No one is more fitting to lead the board in 2016-2017 than Sharon Snuffin of Snuffin's Catering. As the 2015 Humanitarian of the Year (bestowed by the Franciscan Foundation and Sisters of St. Francis), Sharon's dedication

## Providing Food and Diapers for Infants

Did you know that EFN's Board of Directors actively supports infants in need? More than 41,000 visits to food banks are made on behalf of infants each year. In 2015, EFN Board Members recognized the need for more formula, baby food and diapers at food banks. They committed to bring in donations of baby items to every board meeting to help support these infants in need.



## Board of Directors

**Sharon Snuffin**, Chair  
Snuffin's Catering

**Paula Henson-Williams**, Vice-Chair  
Pierce College

**Paul Long**, Treasurer  
Timberland Bank

**Alice Phillips**, Secretary  
IBEW Local 483

**Shelly Andrew**  
Gordon Thomas Honeywell, LLP

**Theresa Boyle**  
MultiCare Health System

**Berta Brynestad**  
Alaska Airlines

**Kate Frazier**  
Tacoma Public Schools

**Ron Hamakawa**  
Franciscan Health System

**Beau Johnson**  
KeyBank

**Debbie Johnson**  
Johnson Family Properties, LLC

**Therese Pasquier**  
Paladina Health

**Craig Richmond**  
Interfor Corporation

**James Rickard**  
Community Volunteer

**Marc Rogers**  
Interstate Distributor Co.

**Zack Rosenbloom**  
Zack Rosenbloom & Associates

**Jon Rossman**  
Chuckals Office Products

**Brenda Wiest**  
Teamsters Local Union No. 117

to the community is unparalleled. We are incredibly blessed that she has chosen EFN to be the beneficiary of her tireless energy and generosity.

I would be remiss if I did not express my deep gratitude to EFN's dedicated staff as well, who seldom get the recognition they deserve. They are relentless in their quest to impact hunger by bringing awareness to the community at large.

Finally, on behalf of the board of directors, I want to thank you for the gift of you. There is joy beyond measure when we receive truckloads of your donated goods in our warehouse or when we open the mail to see an unexpected donation or when you come to volunteer for a few hours. It gives all of us hope that collectively we are making a difference in the lives of our neighbors in need. And there's no greater joy than that.



# Mother Earth Farm Report

Anika Moran, Farm Manager



caterpillar tunnels are light-weight, easy to construct hoop houses where we can grow year-round. With the help of United Natural Foods, Inc., we were able to build these tunnels by the end of fall, seed crops and take care of our soils to ensure more high quality food over the winter. The tunnels are big enough to walk in and will rotate cool winter crops, like mustards and spinach, and hot summer crops, like cucumbers and peppers. They are a great way of expanding our year round production, one of the farm's goals for 2015.

## Crew Projects

Every year, Mother Earth Farm employs a group from the Washington Corrections Center for Women (WCCW). The farm relies on their skilled labor throughout the season to grow for our food bank partners. The group from WCCW is given the time and resources to undertake an independent project of their choosing. Building on their knowledge from the horticulture program offered at the institution, projects have varied from building cold frames to making soap.

This year, we had a number of projects that had a long-lasting impact on the farm. These included building raised beds, which produced food for food bank partners and provided a new educational component to the farm, and chickens. The chickens were rotated around the farm providing pest control and fertilizer for our fields. Next year, we already have plans to bring the chickens back and distribute our eggs to food bank partners.

## High Tunnel/Caterpillar Tunnels

The biggest change we've had at the farm this year is more plastic! We've expanded our covered, in ground production with three caterpillar tunnels and a new high tunnel. The

The first high tunnel was a huge success, growing excellent winter greens, huge fava beans and over 2,000 pounds of tomatoes. Our newest high tunnel was made possible by a generous donation from United Way of Pierce County. We already have plans to grow lots of kale, collards, chard and cucumbers in our second high tunnel.

## Quality of Produce

One of our goals for 2015 was to continue providing high quality of produce for food bank partners. We built a brand new wash station to efficiently and thoroughly wash all of our produce. Emphasizing quality, we received lots of great feedback from our food bank partners saying that our greens looked better than ever and that clients were clamoring for our food. Building on this feedback, we distributed a questionnaire to our food bank partners for more feedback on what sorts of food clients want.

Going into 2016, we are looking forward to working with Bates Technical College to build farm stand units for our food bank partners to display our produce. We hope this helps move our high quality food to center stage and onto the plates of those in need.





## 2016 Events at Mother Earth Farm



### Draft Horse Plow - Saturday, April 2

We'll be kicking off our farm events this year with our annual draft horse plow. Come on out to Mother Earth Farm to watch skilled horse drivers guide their beautiful animals through our soil! This is a truly unique opportunity to see community supported sustainable agriculture at its best. There is no cost to attend and light snacks are provided. A great event for all ages!



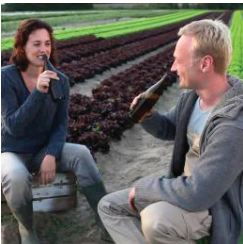
### Summer Volunteer Opportunities - Fridays and Saturdays starting Saturday, April 30

Our volunteer season will continue every Friday and Saturday until the fall, so sign up for transplanting, seeding, harvesting, and weeding by yourself, with your family, business, or friends!



### Youth Days - Saturday, June 25 & Friday, August 26

This year marks our third annual Youth Days. Youth Days are a chance to bring youths ages 5-16 out to the farm for fun and education. We'll be conducting a tasting tour, scavenger hunt, volunteer opportunity, and more. We strongly encourage those individuals thinking about volunteering with their children to visit us on these days for an engaging, community-oriented experience!

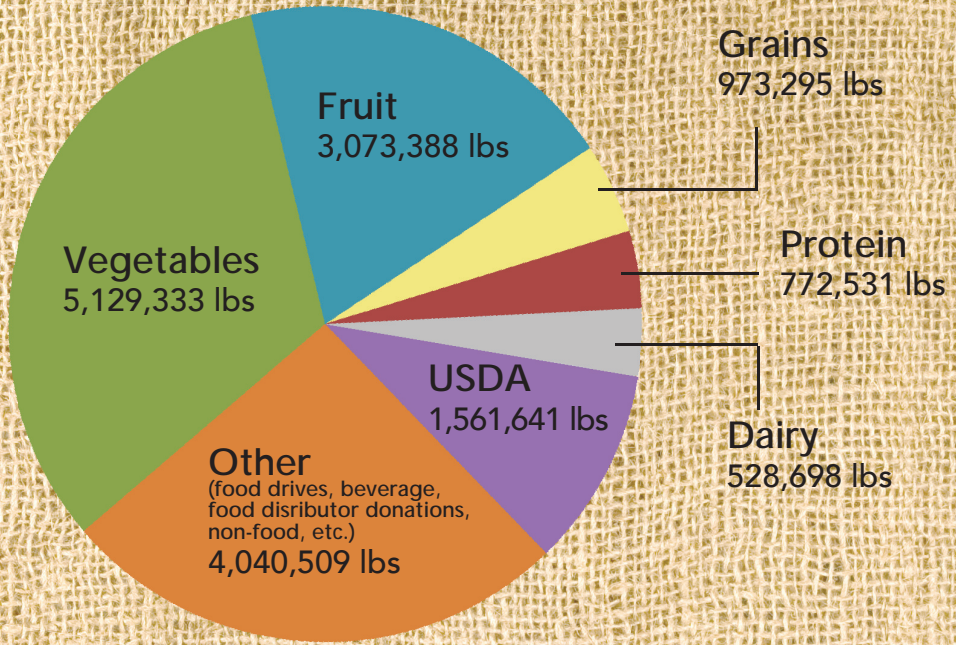


### Weeding Happy Hour – Saturday, July 9

Come on out to Mother Earth Farm for weeding and happy hour! We'll break up an evening of volunteering with beer and/or wine, all of it on our gorgeous food bank farm. Bring friends, make friends, and enjoy a fun evening with like-minded community members. This event is ages 21 and over.

To register for any of these events or to sign up to receive our volunteer program emails, please contact our Coordinator of Volunteer Activities at (253) 584-1040 or at [volunteer@efoodnet.org](mailto:volunteer@efoodnet.org).

# EFN 2015 Distribution



60,449 children in Pierce County School Districts rely on free and reduced-fee meals during the school day.

When holiday breaks arrive, these kids often struggle to get enough nutritious food at home.

Thanksgiving Weekend • Winter Break • Spring Break

In 2015, EFN partnered with St. Leo Food Connection to distribute 5,500 Break Bags to 60 Pierce County Schools. Each Break Bag contains a variety of nutritional foods to help feed a family of four over an extended school break.

## You Can Help!

- Volunteer
- Donate Money
- Donate Food

For more information:  
info@efoodnet.org  
(253) 584-1040

## Items In a Break Bag

- Beef Stew
- Peanut Butter
- Canned Fruit
- Canned Vegetables
- Oats
- Breakfast or Snack Bars
- Cereal
- Dried Beans
- Rice
- Potatoes
- Onions
- Fresh Fruits
- Fruit Juice



# Staff Profile

## Dan Hunter, Warehouse Manager



Dan Hunter has been with EFN since July 2003. He has seen EFN grow from distributing \$10 million worth of food each year to distributing more than \$20 million worth of food across 1.4 million client visits. Before working at EFN, Dan had 15 years of experience in the lumber industry, where he managed teams in the lumberyard. He uses those skills at EFN as our Warehouse Manager.

Each month, more than one million pounds of food goes through our Distribution Center. Dan ensures that all the orders that go to our 70 partner programs contain the food their clients need. He also tracks the trucks that come to and from EFN throughout the week. Some of our partners pick up a single pallet of food in a pickup truck, while other orders may fill a semi-truck. Dan trains interns on the forklifts and trains them to build food orders. He describes every day in the warehouse as an adventure as the team keeps track of all the food that comes in and out while assisting our partners as they show up throughout the day.

Helping our partners is Dan's favorite part of the job. He has gotten to know several volunteers and employees from our partner programs over the years as familiar faces come each week to pick up food. Dan especially likes being able to help them get extra items they need that may not have been in their initial order. When EFN gets a surprise delivery, Dan distributes the extra items to our partner programs.

When he isn't at EFN, Dan loves to spend time outside, camping, fishing and shooting. He also loves spending time with his family and is a huge Seahawks fan. One interesting fact about Dan, he is originally from Germany but moved here as a kid and learned English during summer school when he first moved to the U.S.

### EFN Staff

**Helen McGovern-Pilant**  
Executive Director

**Jennifer Anderson**  
Assistant Program Specialist

**Grayson Crane**  
Assistant Farm Manager

**Joe Futch**  
Driver

**Kelsey Gagnon**  
Administrative Assistant

**Claire Grubb**  
Grant Coordinator

**Ken Hess**  
Operations Manager

**Elizabeth Howe**  
Donor Relations Manager

**Dan Hunter**  
Warehouse Manager

**Kevin Lasinski**  
Repack Coordinator

**Anika Moran**  
Farm Manager

**Ron Pace**  
Finance Manager

**Joanna Rasmussen**  
Communications Manager

**Merrit Reed**  
Coordinator of Volunteer Activities

**Jim Wells**  
Delivery Driver

**Kat Westerdahl**  
Partner Program Manager

**Amy Wigstrom**  
Director of Development

# EFN's Partner Programs

Emergency Food Network provides healthy, nutritious food to 70 partner program locations throughout Pierce County. These programs see 1.4 million visits each year from families in need.

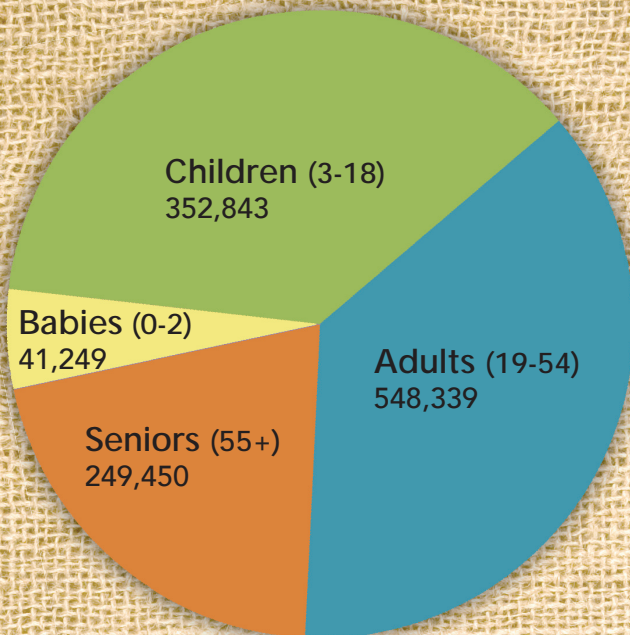
## Food Banks

- All Saints Community Services
- Allen AME Food Pantry
- B.A.S.H.
- Blessings Community Food Bank
- Bonney Lake Food Bank
- Bounty Food Bank
- Bread of Life Ministries Lakewood
- Bread of Life Bonney Lake Food Bank
- Buckley Kiwanis Food Bank
- Calvary Baptist Church
- Eatonville Family Agency Food Bank
- Edgewood Community FISH Food Bank
- Eloise Cooking Pot Food Bank
- Fife Milton Edgewood Food Bank
- FISH Mobile Food Bank (multiple locations)
- Gateway Church
- Gig Harbor Peninsula FISH Community Services
- Graham/South Hill Community FISH Food Bank
- Harvest House Food Pantry
- Hope Center
- Jackson St. FISH Food Bank
- Joseph's Storehouse for Living Word
- Key Peninsula Community Services Food Bank
- Key Peninsula Bischoff Food Bank
- Korean Women's Association
- Bischoff Key Peninsula Food Bank
- Lakes Area FISH Food Bank
- My Sister's Pantry
- Network Tacoma Food Bank
- New Jerusalem Food Pantry
- New Pheobe House
- Northwest Tacoma FISH Food Bank
- Orting Food Bank
- Parkland First Baptist Food Bank
- Peninsula Community Foundation Food Backpacks 4 Kids
- Pierce County AIDS Foundation
- Pregnancy Aid of Tacoma
- Prince of Peace Food Closet

## Client Visits in 2015

**Total Visits  
Per Month**  
117,847

**Total Visits**  
1,414,290





- Puyallup Food Bank
- Salvation Army - Puyallup
- Salvation Army - Tacoma
- Samoan Family Support Food Pantry
- Southeast Tacoma FISH Food Bank
- Spanaway Food Bank
- Springbrook Mobile Food Bank (multiple locations)
- St. Andrew Emanuel Food Pantry
- St. Leo Food Connection
- Sumner Community Food Bank
- Tacoma Adventist Community Services
- Tillicum/American Lake Gardens Community Center
- Trinity Lutheran Church Community Food Pantry
- Tacoma Alliance - The Blessings
- University Place Food Bank
- We Love Steilacoom Association

## Meal Sites and Shelters

- Korean Women's Association
- Nativity House Emergency Services
- New Phoebe House
- Salvation Army of Tacoma
- St. Joseph's/St. John's Episcopal
- The Rescue Mission
- Victory Outreach
- YWCA Domestic Violence Shelter

## Other

- Boys and Girls Club of Pierce County
- Communities in Schools
- Habitat for Humanity
- Lakewood Computer Clubhouse
- Red Barn Youth Center
- Our Savior Lutheran Church Backpack 4 Kids
- United Service Organizations Pierce County

## Feedback from Our Partner Programs

"We can't tell you enough about how EFN has transformed our operation. Through EFN's efforts, we can consistently provide much needed food to our neighbors in need. You are an enormous blessing."

"We couldn't serve the people with enough food if we didn't have the help of EFN. They are an amazing group of helpful people."

"The staple items we receive from EFN are always appreciated and needed by our food bank. The chicken drumsticks are especially a hit with our clients! Thank you for all you do to help us serve our clients."

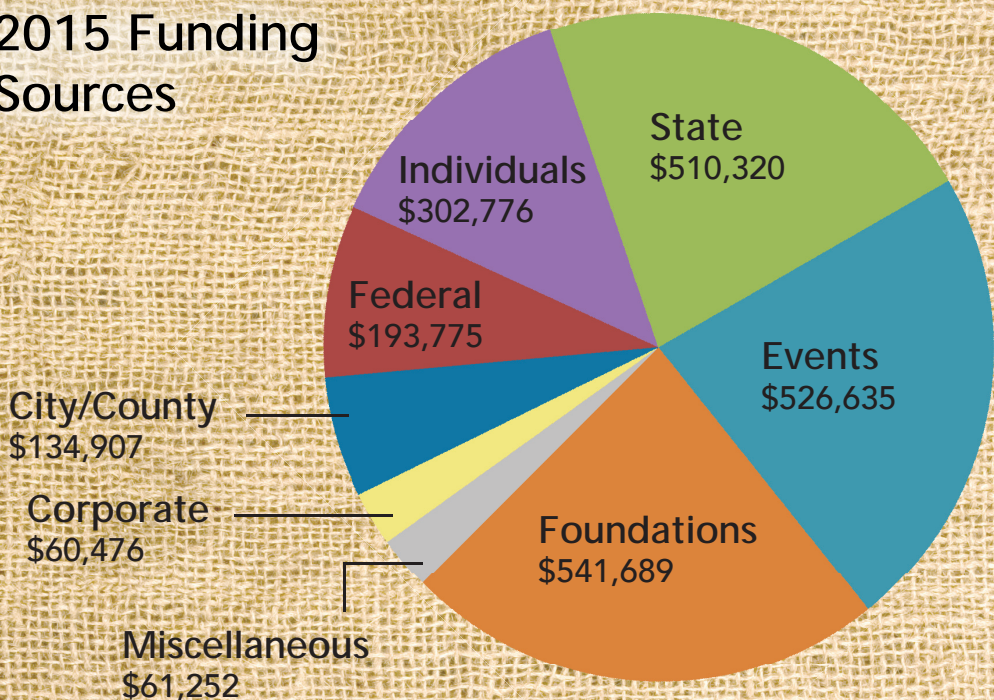
"EFN has made a huge difference for our food bank. We have been able to grow 100% in the last year, EFN is the reason. Keep up the good work!"

"We appreciate all the help EFN has given us over the years – the flexibility of our pick up times, the help loading, the courtesy of the workers and now having much of the bulk food (rice, beans, oatmeal) prebagged for us, has been wonderful."

"We appreciate EFN's willingness to help us. The food we receive is always very good quality."



# 2015 Funding Sources



## Generous Foundation Support

Thank you to the following foundations who made generous donations to Emergency Food Network in 2015:

- American Endowment Foundation
- Ann and Peter Darling Fund
- The Baker Foundation
- Ben B. Cheney Foundation
- Bruce W. Gilpin Memorial Foundation
- Catherine Holmes Wilkins Foundation
- Costco Foundation
- David Fogg Family Foundation
- Dan and Pat Nelson Family Foundation
- The De Falco Family Foundation
- Dimmer Family Foundation
- The Driscoll Foundation
- Elliott Family Foundation
- The Florence B. Kilworth Foundation
- Franciscan Foundation
- Fred Goldberg Family Foundation
- The Fund for Women and Girls of the Greater Tacoma Community Foundation
- Gary E. Milgard Family Foundation
- George & Dorothy Babare Family Foundation
- Golden State Foods Foundation
- The Gottfried and Mary Fuchs Foundation
- The Hendrix Foundation
- Hyde Family Foundation
- Johnson & Haefling Foundation
- June & Julian Foss Foundation
- KeyBank Foundation
- L.T. Murray Family Foundation
- Lindberg Foundation
- Loeb Family Foundation
- Lucky Seven Foundation
- Mary Redman Foundation
- Medina Foundation
- Moccasin Lake Foundation
- The Monica Butler and Pete Philley Fund
- Muckleshoot Charitable Fund
- Multicare Community Partnership Fund
- Nisqually Indian Tribe Charitable Fund
- None Will Perish Foundation
- Opus Community Foundation
- Puget Sound Energy Foundation
- Puyallup Tribe Charitable Trust
- Randall & Deborah Johnson Fund
- Redford Family Fund
- Russell Family Foundation
- S.L. Gimbel Foundation
- Safeco Insurance Fund
- Schoenfeld-Gardner Foundation
- The Seattle Foundation
- The Silver Family Foundation
- Stop Poverty Foundation
- Suskin Charitable Foundation
- Tanz Charitable Fund
- Titus Will Families Foundation
- The Todd & Teresa Silver Fund
- UNFI Foundation
- Weyerhaeuser Company Foundation
- William Kilworth Foundation

# Planting Seeds for Tomorrow's Hungry

While Emergency Food Network is able to provide a reliable food supply to ensure that local residents are able to access emergency food, we also know that there will be a long-term need for emergency food and essentials in our community.

A meaningful way individuals can continue to ensure that our community has the resources to meet the needs of increasing numbers of hungry children, adults, and seniors is to designate a gift to Emergency Food Network in your legacy planning.

Charitable bequests offer the tools for each of us to make a meaningful final statement about what we love, cherish, and hold dear.



By making a bequest or other planned gift to the Emergency Food Network, you can continue to help us improve our community and can leave an important legacy that emphasizes your commitment to seeing that no person in Pierce County goes hungry.



To find out more about planned giving options, Emergency Food Network recommends that you contact your attorney and your tax or financial advisors. You, or your attorney or advisors, can contact Emergency Food Network at (253) 584-1040 or [amy@efoodnet.org](mailto:amy@efoodnet.org).

Each inquiry is handled confidentially and places you under no obligation.

If you have included or plan to include a gift to EFN in your written estate plan, we hope you will share this information with us so that we can express our gratitude and recognize you as a Legacy Donor.



**Thank you to all the generous donors who made gifts in 2015.**

To view a complete list of 2015 donors, visit our website.  
[www.efoodnet.org](http://www.efoodnet.org)

# Corporate/Civic Partner Program

Corporate/Civic partners are companies and organizations with a special tie to EFN. We feature our corporate partners prominently whenever possible on our website, in newsletters, on Facebook, and anywhere else we can promote our partnership.

Corporate/Civic Partners engage in our efforts to fight hunger in at least three of the following ways:



- Contribute \$1,000 or more
- Host a food or fund drive
- Place a link to EFN on your website
- Have an employee involved on EFN's Board of Directors, Ambassador Board, or a committee
- Sponsor an EFN event
- Bring a group to volunteer at EFN's warehouse or farm
- Go above and beyond in a special way for EFN

## 2016 EFN Corporate/Civic Partners:

Alaska Airlines  
Associated Ministries of Tacoma/PC  
Bank of America  
Boeing Company  
Brown & Brown Insurance  
Chuckals, Inc.  
Columbia Bank  
DaVita  
Financial Insights  
Fircrest United Methodist Church  
Franciscan Health Systems CHI  
Golden State Foods  
Gordon Thomas Honeywell, LLP  
IBEW Local 483  
Interstate Distributor Co.  
KeyBank  
Laborworks, Inc.  
LeMay Pierce County Refuse

Multicare Health Systems  
Murray Pacific Corporation  
Opus Bank  
Panattoni Development  
Rotary Clubs of Pierce County  
Snuffin's Catering  
Tacoma Narrows Rotary  
Tacoma Sunrise Rotary  
Teamsters Local Union No. 117  
Totem Ocean Trailer Express  
Transportation Club of Tacoma  
UFCW Local 21  
United Way of Pierce County  
University of Puget Sound  
Weyerhaeuser Company  
Whole Foods Market Chambers Bay  
Zack Rosenbloom & Associates, P.C.

**EFN partners with 70 food banks,  
hot meal sites, and shelters  
throughout Pierce County.**



Follow us on  
Social Media!



## Ambassador Board



Emergency Food Network's Ambassador Board is a group of young professionals dedicated to raising awareness about hunger in our community.

Our members provide direct service as well as fundraising support to Emergency Food Network. Every Ambassador Board member brings unique talents and resources to help us fulfill our mission. Serving on the Ambassador Board fosters personal and professional growth of future leaders of our community.

### Join the Ambassador Board!

For more information contact:  
Andrea Tull  
[atull@coordinatedcarehealth.com](mailto:atull@coordinatedcarehealth.com)

## Members

**Douglas Baxter**  
CHI Franciscan Health

**Katie Bianco**  
AmeriCorps

**Kate Burrows**  
Pierce College

**Ali Criss**  
Financial Insights

**Amanda DeShazo**  
Pierce County Labor  
Community Services Agency

**Bryan Fleming**  
Weyerhaeuser

**Haley Henricksen**  
Schramm Marketing

**Wil Kuester**  
Weyerhaeuser

**Jason Light**  
Edward Jones

**Alex Miller**  
MultiCare Health System

**Jessica Muenter**  
Gordon Thomas Honeywell, LLP

**Aaron Shearer**  
Guild Mortgage

**Jeff Shearer**  
LaborWorks, Inc.

**Andrea M. Tull**  
Coordinated Care

## EFN Events in 2016

# Recognition Breakfast

Honoring individuals and businesses for their dedication to helping hungry children, adults and seniors in Pierce County.

Wednesday, April 13, 2016 Doors open 7:00am, Program 7:30-8:45am  
Historic 1625, 1625 S Tacoma Way, Tacoma 98409  
\$30 per seat, \$300 table

Order your tickets today!  
<http://bit.ly/1mHhG2Q>

RSVP by April 6



## Casino Royale

**JUNE 11**  
TWO THOUSAND SIXTEEN

7:00 - 11:00 PM  
TACOMA MOUNTAINEERS CLUB  
2302 N 30th St, Tacoma

Come eat, drink, and gamble for a great cause!

\$50 ticket

**Order Your Tickets Today!**  
<http://bit.ly/1K5alk9>

RSVP by June 6

# BREAKING HUNGER

Trap Shooting Tournament

Friday, August 12, 2016

Gig Harbor Sportsman's Club  
9721 Burnham Dr NW, Gig Harbor

\$125 per person

Register Today!  
<http://efoodnet.donorpages.com/BreakingHunger2016/>







# HUNGER WALK

October 2, 2016

For more information visit:  
[www.associatedministries.org](http://www.associatedministries.org)  
or [www.efoodnet.org](http://www.efoodnet.org)



# Abundance

Dinner & Auction • Saturday, October 22, 2016

Share your Abundance in support of Emergency Food Network! This year's event will feature a delicious dinner, exciting live and silent auctions, and a meaningful opportunity to give so no person goes hungry. Proceeds from this special night will provide emergency food for low-income children, adults and seniors in Pierce County.

6:00pm - 10:00pm  
McGavick Conference Center  
Clover Park Technical College

\$100 per seat • Tables of 10

Order Your Tickets Today!  
<http://bit.ly/XQ2MLS>



# EMPTY BOWLS

SATURDAY, NOVEMBER 19, 2016  
1:00 PM - 3:30 PM

Charles Wright Academy  
7723 Chambers Creek Rd W, Tacoma

Shop for beautiful bowls made by area artists. Enjoy soups from some of the local best chefs and restaurants in Pierce County.

Free Admission. Free soup with bowl purchase.  
Bowl prices vary.

# Volunteer at EFN



## Repack Project

Volunteers come to our Lakewood Warehouse to repackage bulk foods in to family-sized servings. Once repackaged, the food is ready to go out to food banks.



## Mother Earth Farm

Help provide a fresh food option to local emergency food sites by planting seeds, weeding, and harvesting produce at our 8-acre organic farm, located in the Puyallup Valley.



## Special Events and Administration

Help with data entry, event set-up, registration, and more!

## Frequently Asked Questions

### How old do I have to be to volunteer?

The minimum age to volunteer at the Repack Project and at our special events is 15. There is not a minimum age to volunteer at the farm.

### Can I volunteer with a group?

Yes! Businesses, schools, and civic groups are welcome! Groups as big as 15 can be accommodated at a Repack. We can accommodate larger groups at the farm.

### Do I need to have experience?

No. Experienced EFN staff provide training and supervision at all volunteer events.

### How do I register to volunteer?

Contact our Coordinator of Volunteer Activities at [volunteer@efoodnet.org](mailto:volunteer@efoodnet.org) or (253) 584-1040. View EFN's event schedule at [www.efoodnet.org](http://www.efoodnet.org).

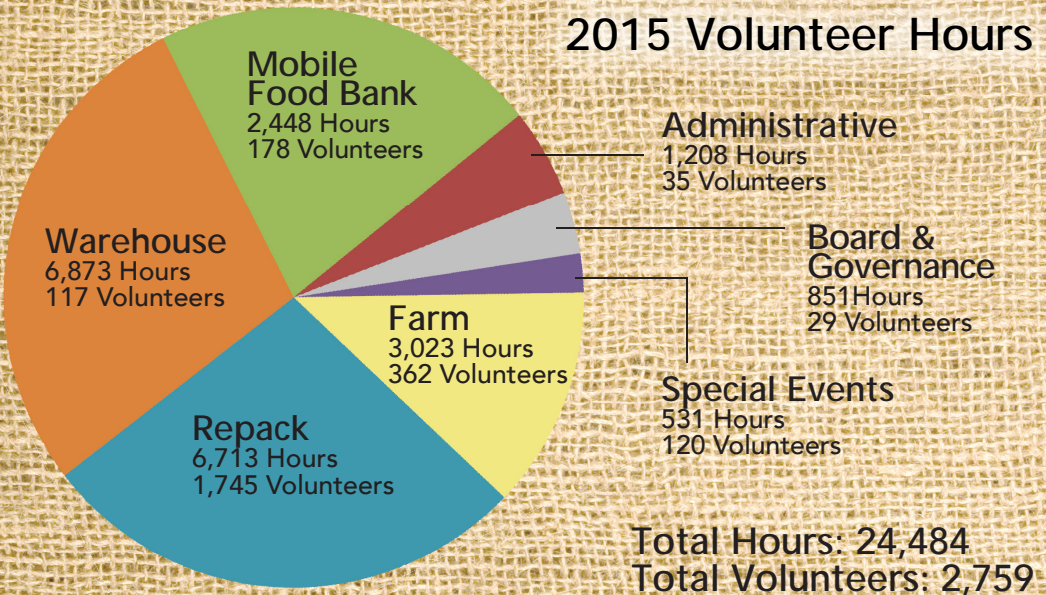


## Mobile Food Bank

EFN has teamed up with FISH Food Banks of Pierce County to bring food to people in underserved communities throughout Pierce County. Volunteers at the Mobile Food Bank help distribute food directly to people in need.



## 2015 Volunteer Hours



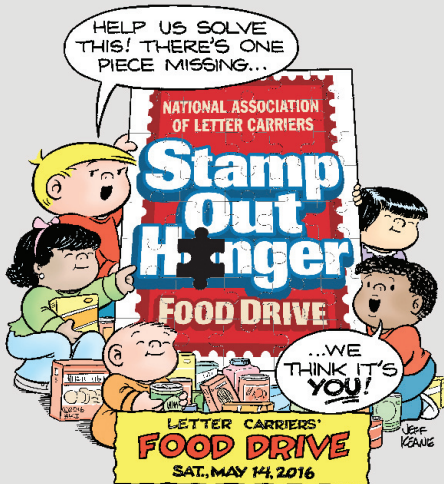
## Food Drives

- Raise awareness about local hunger.
- Collect food for people in need.
- Fight hunger in Pierce County.



Have a food and fund drive!

In 2015, our community donated 366,350 pounds of food which is equivalent to being able to provide 293,080 meals! Check out our food drive toolkit and register your food drive at [www.efoodnet.org](http://www.efoodnet.org).



## Letter Carriers' Food Drive Saturday, May 14, 2016

How does the Letter Carriers' Food Drive work in Pierce County?

1. Leave a bag of non-perishable food at your mailbox on May 14.
2. Your postal carrier or a volunteer will pick it up.
3. EFN distributes the food to our neighbors in need in Pierce County.



OF TACOMA AND PIERCE COUNTY

3318 92ND STREET SOUTH  
LAKEWOOD, WASHINGTON 98499

NON-PROFIT  
U.S. POSTAGE  
PAID  
TACOMA, WA  
PERMIT NO. 77

*Thank you to our  
generous sponsor!*

**KeyBank Foundation**  


If your name is incorrect or you are receiving duplicate mailings, please call 253-584-1040. Emergency Food Network does not sell or exchange mailing lists.

RETURN SERVICE REQUESTED