

2017 Annual Report

Sustenance



**EMERGENCY
FOOD
NETWORK**



2016 AT A GLANCE



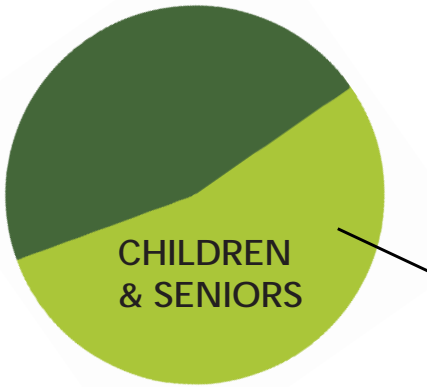
1 in 7 people struggle with hunger in Washington State.

1.3
MILLION
VISITS

are made to food pantries, shelters & meal sites in Pierce County each year.

14.8
MILLION
POUNDS

of food is distributed by Emergency Food Network for people in need.



54% of visits to emergency food programs are on behalf of children and seniors.

\$1 = \$12

For every \$1 donated, EFN distributes \$12 worth of food.

2,835

volunteers gave

21,377

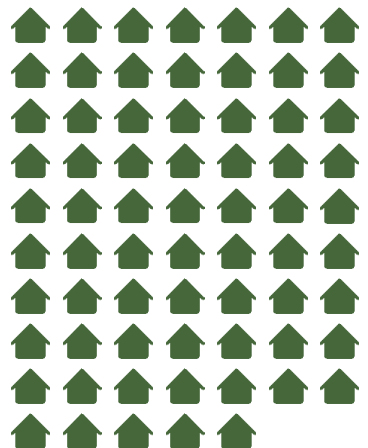
hours to help neighbors in need.

82% of the food EFN distributes comes from community food drives & donations.

PROVIDING PIERCE COUNTY WITH A CONSISTENT, DIVERSE, AND NUTRITIOUS FOOD SUPPLY SO THAT NO PERSON GOES HUNGRY.

68

EFN gives food to 68 food pantries, meal sites & shelters in Pierce County.



Executive Director Report

Helen McGovern-Pilant, Executive Director



As I reflect back on 2016, I am most definitely grateful for another amazing year of dedication by donors, staff, and partners. We could not keep up with the demand we face on a daily/weekly basis without the donation of time, talent, and treasure from literally thousands of supporters. My hope is that all of you know what an incredible difference you are making when you do a repack, volunteer at the farm, have a food drive, attend one of our events, write a check, donate an entire semi-truck of apples, or partner with us in a program. I am also grateful for an outstanding Board of Directors and our Ambassador Board who share our passion as voices in the community. We have a dedicated, lean, hardworking staff at EFN who give their all day after day.

2016 was different in a very significant way from what I have seen in the eight years I have been here. The number of senior citizens accessing hunger relief programs has increased at an alarming rate. Since 2011, that number has now grown 30%. Each day, 10,000 citizens in the U.S. turn 65, and we know the number of people seeking food assistance in this age group will grow in coming years. Along with the numbers will be the ever increasing need to focus on distribution of low-sodium, sugar-free, healthy, and nutritious food. How many of our grandparents, aunts, uncles, and friends will find themselves in a situation they never imagined? We are continuing the work with our food pantry partners to encourage a self-select model. Providing dignity and choice are essential to serving all in need and required for the senior population. How will we access

more specialized foods to meet the need? How will seniors get access if they have no or limited transportation? Are there organizations currently wasting food who could be part of the solution? Those are the questions that keep me up at night and energize me to find the solutions.

We know that in Pierce County 34% of the households are low-income. A single incident such as a broken-down vehicle or a lengthy illness could trigger a household crisis. Through our partnership with the 68 hunger relief programs in our network, we strive to provide that much-needed safety net. In 2016, more than 50% of those seeking assistance from food pantries and meal sites were seniors and working families with children.

We will continue to partner in high impact ways such as with FISH Food Banks of Pierce County on our Mobile Food Bank which now makes ten stops a week. Our Break Bags Program with St. Leo Food Connection and the Tacoma and Clover Park School Districts has grown to 2,000 bags going home to help students and their families fight hunger at Spring, Thanksgiving and Winter breaks. United Way's Hunger-Free Pierce County Collaborative continues to bring us all together to build our coalition and tackle issues. The three vans they purchased for us in 2016 are being utilized by many hunger relief programs throughout the county. Our larger regional partners such as Northwest Harvest, Rotary First Harvest, Fred Meyer, Pepsico, World Vision, and Ostrum Mushrooms are instrumental in aiding in our ability to access truckloads of healthy, nutritious food as well as much needed personal and hygiene items.

What do the numbers tell us about 2016? 1.3 million client visits; 14.8 million pounds of food distributed in Pierce County. I am often asked if we will "ever go out of business." My answer is no. We have three ways for our neighbors to access food. Some can pay for all they need, some cannot, and some grow it. It is our honor at EFN to fill in that gap in our system for those who need some assistance. On behalf of our neighbors in need we thank you for continuing to help "to provide Pierce County with a consistent, diverse and nutritious food supply so that no person goes hungry."

Board Chair Report

Sharon Snuffin, Chair, EFN Board of Directors



2016 was a year filled with progress and action toward our mission: "to provide Pierce County with a consistent, diverse and nutritious food supply so that no person goes hungry."

The Capacity Building Campaign, unanimously approved by the Board of Directors in 2015, was successful in reaching the initial goal of \$2 million.

Momentum continues as we work toward our stretch goal of \$2.5 million. The additional funds to be raised will allow for much-needed technology upgrades, a new freezer, and improvements to Mother Earth Farm's multipurpose facility.

Guided by Executive Director Helen McGovern-Pilant and new Deputy Director Michelle Douglas, our talented and dedicated staff work tirelessly to use every resource available to further the goals of EFN. It is simply astounding how much EFN accomplishes at an administrative cost of only 4%. So 96 cents of every dollar donated goes directly to distribute food for our community.

In the coming year, we are excited to begin construction on the new

Capacity Building Campaign

Our Capacity Building Campaign ensures that we will be able to expand our capacity, improve our facilities and provide our neighbors in need with a consistent supply of diverse and nutritious food well into the future.

As a result of generous donors, EFN has already raised \$2,219,027 of its \$2,500,000 goal for the campaign. This has allowed us to purchase a box truck, hire a driver, hire a grant writer, install an emergency generator, and purchase the land for our increased capacity.

Moving forward, we will begin developing our land, community garden and repack facility located in our Distribution Center. We will also improve our technology, install a new freezer in our Distribution Center, and establish savings for capital maintenance. We are fortunate to own our building, and by maintaining our existing facilities, we will be better suited to serve our community for years to come.



Board of Directors

Sharon Snuffin, Chair
Snuffin's Catering

Paula Henson-Williams, Vice-Chair
Pierce College

Paul Long, Treasurer
Timberland Bank

Alice Phillips, Secretary
IBEW, Local 483

Shelly Andrew
Gordon Thomas Honeywell, LLP

Ron Hamakawa
CHI Franciscan Health

Beau Johnson
KeyBank

Debbie Johnson
Johnson Family Properties, LLC

Kelly Johnson
HomeStreet Bank

Dianna Kielian
CHI Franciscan Health

Larry Meany
Waste Connections

Matthew Parker
TrueBlue

James Rickard
Consultant

Marc Rogers
Interstate Distributor Co.

Zack Rosenbloom
Zack Rosenbloom & Associates

Dave Rosholm
Tacoma Public Utilities

Jon Rossman
Chuckals Office Products

Brenda Wiest
Teamsters Local Union No. 117

EFN storage building, security and lighting for the newly acquired land, and completing the community garden.

On behalf of the Board of Directors, I thank each and every one of you for your faithful and generous continuing support of EFN! Your donations of food and dollars to purchase food, your hours volunteering at our warehouse repacks, weeding and planting at Mother Earth Farm, and working at your local food pantries are simply amazing!

Working together, we can make a difference in the lives of so many families, children, and seniors in our community...so that no person goes hungry.

Campaign Goal



Mother Earth Farm Report

Anika Moran & Grayson Crane, Farm Managers



Winter is a time of reflection and resolution for many, particularly those in farming communities. With a break from the physical labor, high temperatures, and constant flow of seeding to transplanting to harvest, this is our chance at Mother Earth Farm to appreciate the hard work of the last year and look forward to another successful growing season. The close of 2016 reminded us of our deep gratitude to our crew and community, the importance of providing food all year long, and the incredible potential of strong partnerships to further the fight against hunger.

Crew and Community

With the help of our crew from the Washington Corrections Center for Women (WCCW), EFN's amazing volunteers, and multiple Seasonal Assistants and interns, Mother Earth

Farm distributed more than 121,000 pounds of fresh, organic produce in 2016. Though we grow on no more than five acres each year, five acres of fruits and vegetables that need to be planted, weeded, and harvested is both exciting and daunting. The farm has extraordinary potential to do good for our neighbors in need, but to fulfill that potential we rely on our community to commit to those neighbors. In 2016, our crew from WCCW made that commitment four days a week for eight months, attending organic farming classes on their days off to further their knowledge to better serve the farm. Our community volunteers donated thousands of hours of their time after work, on weekends, and sometimes during the work day to help cultivate our crops. The Mother Earth Farm interns and assistants took advantage of every opportunity to practice their farming skills and raise awareness about our work throughout Pierce County. We are profoundly grateful for the commitment shown to the farm, and through the farm, our greater community. We could not do this work without you.

Four Seasons of Harvest

Now in our third winter of growing and distributing food throughout the entire

2017 Events at EFN's Mother Earth Farm



Weekend Volunteer Opportunities Starting Friday, April 28

Volunteer at the farm every Friday, Saturday, and Sunday. Morning and afternoon sessions are available. Lend a hand seeding, planting, harvesting, and weeding. No minimum age. Families and youth groups welcome!



Season Kickoff Saturday, May 6

Join us in kicking off the growing season at EFN's Mother Earth Farm! Learn about our 8-acre organic farm while volunteering in the fields growing food for your neighbors in need.



year, we're truly seeing the impact of our winter production at our partner food pantries. Some partners are receiving newly harvested greens each month of the year, providing fresh produce in times when it is traditionally scarce. Other food pantries receive produce earlier in the spring or later in the fall when traditionally farms are just ramping up or slowing down production. We're also able to call on our partners to distribute large quantities of produce as we clear out full beds of kale, collards, and Swiss chard in the freezing winter months. Because we're now able to give out more than 10,000 pounds of produce when previously the farm was dormant, more of our neighbors around the county are receiving high-quality, healthy foods all year long.

Strong Partnerships

In addition to our partnerships with WCCW, community members, and partner programs, we are especially

thankful to the wide range of corporations, institutions, and foundations that furthered our work at Mother Earth Farm this year. Relationships with local breweries allowed the farm's Brewer's Nights, bimonthly weeding events that saved many rows of vegetables from weedy competitors. EFN's close ties with Bates Technical College placed beautifully crafted farm stands at several food pantries, where Mother Earth Farm's produce was proudly displayed. Considerable hours of work and financial support came from many corporations, foundations, and other partners. They helped fix our tractors, improve our irrigation, and broaden our educational resources. The crew and community are essential to daily farm tasks; partnerships make our work possible. Looking back on 2016, we are reminded of the many times when our partners went above and beyond what was asked or expected, and how much their assistance did to advance the farm's work and EFN's mission.



Wine & Weeding Thursday, July 22

Are you interested in weeding and wine tasting? Join us at Wine & Weeding! Between intermittent sessions of weeding, we'll be learning about wine while volunteering in the fields. This event is for ages 21 and over.



Brewer's Nights June-September, 1st and 3rd Wednesdays

Come on out to Mother Earth Farm for weeding and happy hour! We'll break up an evening of volunteering with locally brewed beer. Bring friends, make friends, and enjoy a fun evening with like-minded community members. This event is for ages 21 and over.

To register for any of these events or to sign up to receive our volunteer program emails, please contact our Coordinator of Volunteer Activities at (253) 584-1040 or volunteer@efoodnet.org.

Staff Profile

Michelle Douglas, Deputy Director



EFN happily welcomed Michelle Douglas as its Deputy Director in January 2017. With more than a decade of experience in the nonprofit sector and 20 years in the hospitality industry, Michelle is uniquely qualified to serve as a leader at EFN. Michelle's commitment to serving others with dignity is deeply aligned with the values of EFN, where we believe everyone deserves access to beautiful, nutritious food.

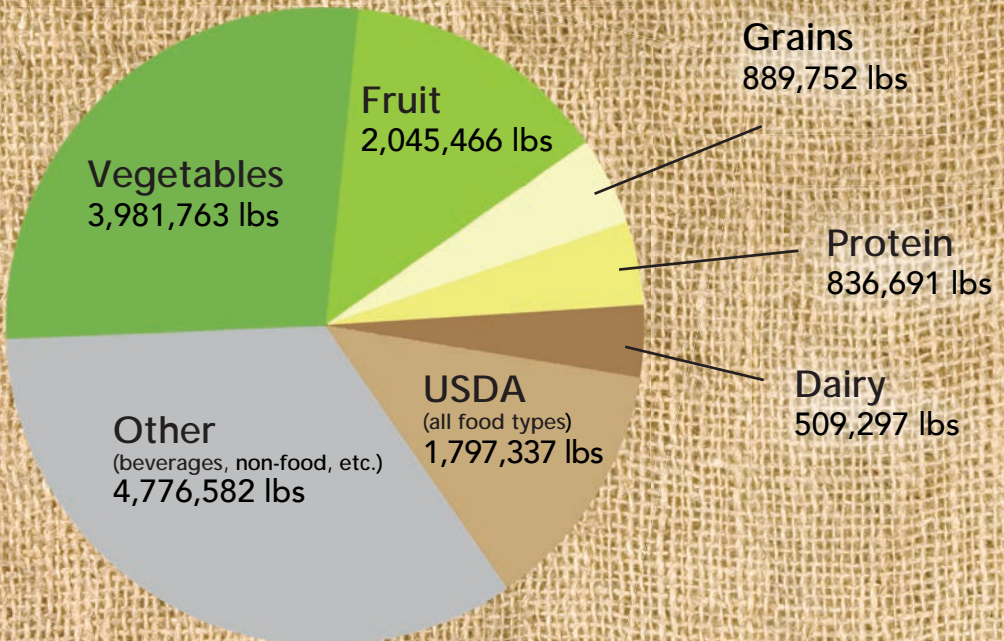
The Deputy Director role is a new position at EFN. Michelle will

oversee EFN's Development and Communications team and will be an advocate for food security in the community. "We need everyone to have the resources to operate at their best potential," says Michelle. "There is a tremendous opportunity to redirect resources to those in need while taking advantage of surplus in the marketplace."

Michelle is already considering areas where EFN can strengthen its infrastructure and build new partnerships. In her previous role as the Executive Director of the Rainbow Center, Michelle witnessed how a partnership between EFN and the meal delivery service Munchery provided an important service to guests. Donated meals provided by Munchery allowed guests to enjoy hot, nutritious food while fostering a sense of community over a shared meal.

With 15% of Pierce County residents experiencing food insecurity at some

EFN 2016 Distribution



EFN Staff

Helen McGovern-Pilant
Executive Director

Michelle Douglas
Deputy Director

Ron Pace
Director of Finance & Administration

Paul Stabbert
Director of Operations

Tina Burgess
Driver

Grayson Crane
Farm Manager

Joe Futch
Driver

Claire Grubb
Grant Coordinator

Elizabeth Howe
Donor Relations Manager

Dan Hunter
Warehouse Manager

Erin Kozma
Events Coordinator

Harvey Kuartel
Warehouse Assistant

Kevin Lasinski
Repack Coordinator

Anika Moran
Farm Manager

Joanna Rasmussen
Communications Manager

Merrit Reed
Coordinator of Volunteer Activities

Luke Vissering
Office Coordinator

Jim Wells
Delivery Driver

Kat Westerdahl
Partner Program Manager

Sam Cook (AmeriCorp)
Volunteer Coordinator

point during the year, it is crucial that EFN is able to keep pace with the need in the community. Seniors and children, in particular, are facing high levels of food insecurity, with visits by adults 55 and older increasing by 30% since 2011. "It is essential for the overall well-being of our nation that we care for populations with the fewest options and the biggest barriers."

In her free time, Michelle enjoys gardening, hiking with her partner, reading, and using her home pottery studio. She is also the proud mom of a dachshund and a 17-year-old son. Michelle is originally from Delaware but has lived in Washington for 25 years. "I love the 253," says Michelle. "I'm so impressed by the art scene and availability of opportunity." Michelle's passion for food security will benefit the work of EFN. "Feeding people is a pivotal social justice issue. Until we meet the base needs of our community, we are not succeeding as a society."

**Total Pounds
Distributed**

14,836,888



EFN's Partner Programs

Emergency Food Network provides healthy, nutritious food to 68 partner program locations throughout Pierce County. These programs see 1.3 million visits each year from families in need.

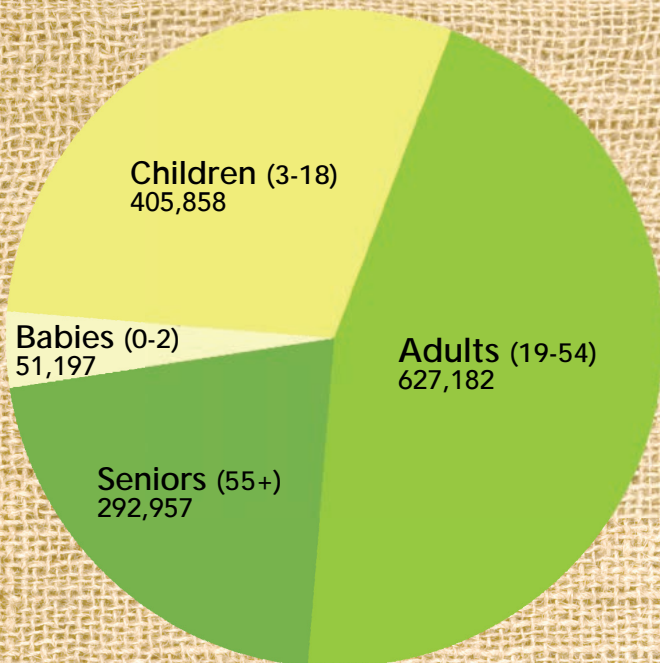
Food Pantries

- All Saints Community Services
- Allen AME Food Pantry
- B.A.S.H.
- Bischoff Key Peninsula Food Bank
- Bonney Lake Food Bank
- Bounty Food Bank
- Bread of Life Ministries Lakewood
- Buckley Kiwanis Food Bank
- Calvary Baptist Church
- Eatonville Family Agency Food Bank
- Edgewood Community FISH Food Bank
- Eloise Cooking Pot Food Bank
- Fife Milton Edgewood Food Bank
- EFN/FISH Mobile Food Bank (multiple locations)
- Gateway Church
- Gig Harbor Peninsula FISH Community Services
- Graham/South Hill Community FISH Food Bank
- Harvest House Food Pantry
- Hope Center
- Jackson St. FISH Food Bank
- Joseph's Storehouse for Living Word
- Key Peninsula Community Services Food Bank
- Korean Women's Association
- Lakes Area FISH Food Bank
- My Sister's Pantry
- Network Tacoma Food Bank
- New Jerusalem Food Pantry
- New Phoebe House
- Northwest Tacoma FISH Food Bank
- Orting Food Bank
- Parkland First Baptist Food Bank
- Peninsula Community Foundation Food Backpacks 4 Kids
- Pierce County AIDS Foundation
- Pregnancy Aid of Tacoma
- Prince of Peace Food Closet
- Puyallup Valley Food Bank

Client Visits in 2016

Total Visits
1,377,194

Average Visits Per Month
114,766





- Salvation Army - Puyallup
- Salvation Army - Tacoma
- Samoan Family Support Food Pantry
- Southeast Tacoma FISH Food Bank
- Spanaway FISH Food Bank
- Springbrook Mobile Food Bank (multiple locations)
- St. Andrew Emanuel Food Pantry
- St. Leo Food Connection
- Sumner Community Food Bank
- Tacoma Adventist Community Services
- Tillicum/American Lake Gardens Community Center
- Trinity Lutheran Church Community Food Pantry
- Tacoma Alliance - The Blessings
- University Place Food Bank
- We Love Steilacoom Association

Meal Sites and Shelters

- Korean Women's Association
- Nativity House Emergency Services
- New Phoebe House
- Salvation Army Lodge Tacoma
- St. Joseph's/St. John's Episcopal
- The Rescue Mission
- Victory Outreach
- YWCA Domestic Violence Shelter

Other

- Boys and Girls Club of Pierce County
- Communities in Schools
- Habitat for Humanity
- Oasis Youth Center / Rainbow Center
- Red Barn Youth Center
- United Service Organizations Pierce County

Feedback from Our Partner Programs

"We are able to give much more fresh produce and dairy because of the items we get from EFN. Our quality and quantity of what we distribute would be greatly decreased if we didn't receive items from EFN."

"At one point, we struggled to deliver a consistent food supply to our neighbors. Now, there is always food on our pantry shelves thanks to EFN."


"EFN's partnership supplies us with thousands of pounds per year. Without our EFN partnership, our shelves would be much emptier. We have opened our doors on Thursdays for extended hours in order to accommodate those that work late, and we are moving towards a self-select model in the next few months."

"EFN helps reduce our food cost so we can provide better service for our senior meal site. They give different kinds of items that improve our menu. We appreciate EFN's support! "

"Thanks to EFN, we have grown a lot this past year. We are really affecting our community in a positive way. It's very cool to watch, and EFN is a big part of it."

"Since partnering with EFN, we have provided food to more people, and our guests now receive food to take home in addition to meals."

"Staff at EFN do their best to help us with our needs. We so appreciate the help we receive from EFN."



Thank you to all the generous donors who made gifts in 2016.

To view a complete list of 2016 donors, visit our website.

www.efoodnet.org

Generous Grant Support

Thank you to the following organizations who made generous grants to Emergency Food Network in 2016:

- 501 Commons
- Ann & Peter Darling Fund
- The Babare Foundation
- George & Dorothy Babare Family Foundation
- The Bamford Family Foundation
- Bruce Gilpin Memorial Foundation
- Catherine Holmes Wilkins Foundation
- Ben B. Cheney Foundation
- Costco Wholesale
- The De Falco Family Foundation
- Dimmer Family Foundation
- Driscoll Foundation
- The Elliott Family Foundation
- Emergency Food Endowment Fund
- Employee's Community Fund of Boeing - Puget Sound
- Florence Kilworth Foundation
- David Fogg Family Foundation
- Franciscan Foundation
- Friars-Funkhouser Charitable Fund
- Golden State Foods Foundation
- Gottfried & Mary Fuchs Foundation
- Gretchen Jordal Fund
- The Bob and Mary Hammond Fund
- The Hendrix Foundation
- The Hyde Family Foundation
- Johnson & Haefling Family Foundation
- KeyBank Foundation
- The Kroger Co. Foundation
- Lakewood Community Foundation
- The Lindberg Family Foundation
- The Little Family Charitable Fund
- Elizabeth A. Lynn Foundation
- Marge McGroarty Fund
- Joe and Gloria Mayer Fund
- Edward P. & Juanita J. Miller Fund
- Moccasin Lake Fund
- Muckleshoot Charitable Trust
- MultiCare Community Fund
- M.J. Murdock Charitable Trust
- L.T. Murray Family Foundation
- Dan and Pat Nelson Family Foundation
- Nisqually Tribe
- None Will Perish Foundation
- The Norcliffe Foundation
- Opus Community Foundation
- Partners in Lakewood Rotary
- RealNetworks Foundation
- Redford Family Fund II
- Rotary Club of Lakewood
- Rotary Club of Tacoma – South
- Russell Family Foundation
- Safeco Insurance Fund
- Safeway Foundation and the Albertsons Companies Foundation
- The Schoenfeld-Gardner Foundation
- Sequoia Foundation
- Suskin Charitable Foundation
- Tacoma Garden Club
- Tanz Charitable Fund
- The Titus Will Families Foundation
- Todd & Theresa Silver Fund
- The Judith and Allan Trinkwald Fund
- Tulalip Tribe
- Ueland Foundation
- United Way of Pierce County
- Warren and Elizabeth Martin Charitable Fund
- Washington Federal Foundation
- The Whisper Foundation
- William Kilworth Foundation
- Windermere Foundation
- Woodworth Family Foundation
- WSECU

Planting Seeds for Tomorrow's Hungry

While Emergency Food Network is able to provide a reliable food supply, we know that there will be a long-term need for emergency food and essentials in our community. A great way individuals can ensure that EFN is able to meet the emergency food needs of our community is by making a bequest or other planned gift to EFN.



To find out more about planned giving options, you (or your attorney or advisors) can contact EFN at michelle@efoodnet.org or (253) 584-1040. Each inquiry is handled confidentially and places you under no obligation.

If you have included or plan to include a gift to EFN in your written estate plan, we hope you will share this information with us so that we can express our gratitude and recognize you as a Legacy Donor.

By making a planned gift, you can continue to help us improve our community and can leave an important legacy that emphasizes your commitment to seeing "that no person in Pierce County goes hungry."

Funding Sources in 2016

Total Funding
\$2,438,012

State
\$542,736

Federal
\$228,006

Foundations
\$564,979

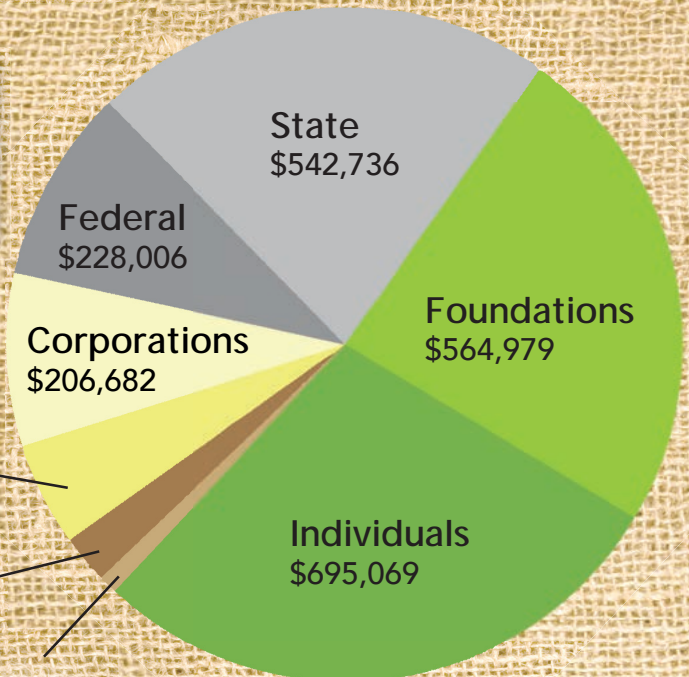
Corporations
\$206,682

Individuals
\$695,069

City & County
\$121,237

Clubs & Churches
\$57,223

Miscellaneous
\$22,080



Corporate/Civic Partner Program

Corporate/Civic Partners are companies and organizations with a special tie to EFN. We feature our Corporate/Civic Partners prominently whenever possible on our website, in newsletters, on social media, and anywhere else we can promote our partnership.

Corporate/Civic Partners engage in our efforts to provide nutritious food in at least three of the following ways:



- Contribute \$1,000 or more
- Host a food or fund drive
- Place a link to EFN on your website
- Have an employee involved on EFN's Board of Directors, Ambassador Board, or a committee
- Sponsor an EFN event
- Bring a group to volunteer at EFN's warehouse or farm
- Go above and beyond in a special way for EFN

2016 EFN Corporate/Civic Partners:

BNY Mellon
Bodine Enterprises
Boeing Company
Broadway Center
CHI Franciscan Health
Chuckals Office Products
Columbia Bank
DaVita
Financial Insights
Fircrest United Methodist Church
Golden State Foods
Gordon Thomas Honeywell, LLP
Gus Paine Insurance
Heritage Bank
HomeStreet Bank
IBEW Local 483
Interstate Distributor Co.
Johnson Family Properties
KeyBank
Little Church on the Prairie

MultiCare Health System
Murray Pacific Corporation
Panattoni Development
Pierce College
Pierce County Mustang Club
Rotary Club of Lakewood
Schnitzer Steel Industries
Snuffin's Catering
Stadium Thriftway
Tacoma Public Utilities
Teamsters, Local 117
Timberland Bank
TOTE
Transportation Club of Tacoma
TrueBlue
United Way of Pierce County
Waste Connections
Whole Foods Market Chambers Bay
Zack Rosenbloom and Associates

**EFN partners with 68 food pantries,
hot meal sites, and shelters
throughout Pierce County.**



Follow us on
Social Media!



Ambassador Board



Emergency Food Network's Ambassador Board is a group of young professionals dedicated to raising awareness about hunger in our community.

Our members provide direct service as well as fundraising support to Emergency Food Network. Every Ambassador Board member brings unique talents and resources to help us fulfill our mission. Serving on the Ambassador Board fosters personal and professional growth of future leaders of our community.

Join the Ambassador Board!

For more information contact:
Andrea Davis
atull@coordinatedcarehealth.com

Members

Andrea Davis - Chair
Coordinated Care

Keir Adamson
Gig Harbor High School

Douglas Baxter
CHI Franciscan Health

Kate Burrows
Pierce College

Ali Criss
Financial Insights

Vito DeSantis
Grips Fore Good

Amanda DeShazo
Pierce County Labor
Community Services Agency

Julie Draper
Pierce College

Bryan Fleming
Weyerhaeuser

Jason Light
Edward Jones

Abby Mitchel
HomeStreet Bank

Jessica Muentzer
Gordon Thomas Honeywell, LLP

Madelyn Vander Poel
Pierce College

EFN Events in 2017

Recognition Breakfast

Honoring individuals and businesses for their dedication to helping hungry children, adults, and seniors in Pierce County.

Wednesday, April 12, 2017 Doors open 7:00 am, Program 7:30-8:45 am
Star Center, 3873 S 66th St, Tacoma, 98409
\$30 per seat, \$300 table

www.efoodnet.org/event/recognition-breakfast-2017



HUNGER WALK & 5K RUN

Run, walk, or give...
...so that no person goes hungry.

Saturday, May 20, 2017

Fort Steilacoom Park
8717 87th Ave SW, Lakewood 98498

7:30 am – Registration/Check-in
(Shirt and Bib Pick-up)
9:00 am – 5K Run
9:05 am – Walk

5K Run: \$30
Adult Walk: \$25
Child Walk: \$15

<https://efoodnet.donorpages.com/HungerWalk2017>

Casino Royale

JUNE 24
TWO THOUSAND SEVENTEEN

7:00 - 11:00 PM
TACOMA MOUNTAINEERS CLUB
2302 N 30th St, Tacoma

Come eat, drink, and gamble for a great cause!

\$50 ticket

www.efoodnet.org/event/casino-royale-2017

RSVP by June 20

BREAKING HUNGER

Friday, August 11, 2017

9:00 am - Morning Shift

12:00 pm - Afternoon Shift

Gig Harbor Sportsman's Club

9721 Burnham Dr NW, Gig Harbor 98332

\$125 per person

[https://efoodnet.donorpages.com/
BreakingHunger2017/](https://efoodnet.donorpages.com/BreakingHunger2017/)

Trap Shooting Tournament



Abundance

Dinner & Auction • Saturday, October 21, 2017 • 6:00 - 10:00 pm

Share your Abundance in support of Emergency Food Network! This year's event will feature a delicious dinner, exciting live and silent auctions, and a meaningful opportunity to give so that no person goes hungry. Proceeds from this special night will provide emergency food for low-income children, adults, and seniors in Pierce County.

McGavick Conference Center
Clover Park Technical College
4500 Steilacoom Blvd SW
Lakewood 98499

\$100 per seat • Tables of 10

[www.efoodnet.org/event/
abundance-2017](http://www.efoodnet.org/event/abundance-2017)

EMPTY BOWLS



SATURDAY, NOVEMBER 18, 2017 • 1:00 PM - 3:30 PM

Charles Wright Academy, 7723 Chambers Creek Rd W, Tacoma

Shop for beautiful bowls made by local artists. Enjoy soups from some of the best chefs and restaurants in Pierce County.

Free Admission. Free soup with bowl purchase.

www.efoodnet.org/event/empty-bowls-2017

HUNGER AWARENESS MONTH

May
2017

May is Hunger Awareness Month! Emergency Food Network has made it easy for you to get involved through events and volunteer opportunities to help your neighbors in need. Just choose one or more of these fun and easy activities in the month of May to make a difference in your community.



VOLUNTEER OPPORTUNITIES

Repack Project

Help prepare bulk foods for distribution to food pantries by repackaging the food into smaller, family portions.

Mother Earth Farm

Help grow fresh fruits and vegetables for neighbors in need!

Sort, Pack, Stack

Sort through food donations, separate the food into categories, check for damage, and pack it up to go out to Pierce County food pantries.

Mobile Food Bank

Distribute food directly to people in need on the FISH Mobile Food Bank.

Food & Fund Drives

Collect food for your neighbors in need. Hold a Food & Fund Drive at school, work, a grocery store, or any get-together with friends or family!

Choose at least one way to help your neighbors in need during the month of May!

EVENTS

5

MAY

Warehouse Tour

Take a tour of the EFN Distribution Center and learn about Pierce County's emergency food system.

6

MAY

Farm Season Kickoff

Learn about EFN's 8-acre organic Mother Earth Farm while volunteering in the fields growing food for your neighbors in need.

10

MAY

GiveBIG

Make a donation to EFN on GiveBIG day and your donation will be partially matched by The Seattle Foundation.

13

MAY

Letter Carriers' Food Drive

Leave a bag of food by your mailbox and your letter carrier will pick it up. EFN distributes the food to neighbors in need.

20

MAY

Hunger Walk & 5K Run

Walk through the beautiful trees or run in the timed 5K all at Fort Steilacoom Park. Register now!

Visit the EFN website for more information about Hunger Awareness Month!

efoodnet.org



Volunteer at EFN



Repack Project

Volunteers come to our Lakewood warehouse to repackage bulk foods into family-sized servings. Once repackaged, the food is ready to go out to food pantries.



Mother Earth Farm

Help provide a fresh food option to local emergency food sites by planting seeds, weeding, and harvesting produce at our 8-acre organic farm, located in the Puyallup Valley.



Special Events

Help with data entry, event set-up, registration, and more at our Recognition Breakfast, Breaking Hunger, Abundance Dinner and Auction, Hunger Walk & 5K Run, and Empty Bowls.



Administrative

Help us with data entry, stuffing envelopes, labeling, and more!



Sort, Pack, Stack

Lend a hand sorting through food drive donations, separating the food into categories, and packing it up to go out to food pantries.



Mobile Food Bank

EFN has teamed up with FISH Food Banks of Pierce County to bring food to people in underserved communities throughout Pierce County. Volunteers at the Mobile Food Bank help distribute food directly to people in need.

Register to Volunteer:

Contact our Coordinator of Volunteer Activities at volunteer@efoodnet.org or (253) 584-1040. View EFN's event schedule at www.efoodnet.org.



Feedback from Volunteers

"I have done a number of repacks and find they are time well spent. The staff is very generous with their time and explanations. Being retired, I find EFN an excellent place to spend a few hours."

"Your staff made sure we knew what was expected of us. [They] cheered us along, and helped us celebrate our accomplishments that day. There's an old saying 'When you do good, you feel good.' I truly felt it that day, along with our entire group."

"Thank you for making it so easy for people to jump in and serve! The paperwork and prep work is simple and there are multiple places and times to serve the community, which makes it harder to say no to. Thank you!"

"Great cause, great exercise and great team building occasion. What could be better?"

"I always enjoy serving with EFN. They use resources wisely, and the concept is one that is easy to support. I've never seen waste in the administration, with food products, or services with this agency. It is a blessing to come alongside them and lend a helping hand."

2016 VOLUNTEER ACHIEVEMENTS

2,835
TOTAL
VOLUNTEERS

21,377
TOTAL HOURS
VOLUNTEERED

Equivalent to
10 full time
staff members



\$503,642
VALUE OF VOLUNTEER HOURS



1.7 MILLION
POUNDS

repacked at the
Repack Project



615 THOUSAND
POUNDS

distributed at the
Mobile Food Bank



121 THOUSAND
POUNDS

harvested at
Mother Earth Farm



Nearly half of the students in Pierce County School Districts rely on free and reduced-fee meals during the school day.

When holiday breaks arrive, these kids often struggle to get enough nutritious food at home.

Thanksgiving Weekend • Winter Break • Spring Break

In 2016, EFN partnered with St. Leo Food Connection to distribute 6,000 Break Bags to 60 Pierce County Schools. Each Break Bag contains a variety of nutritional foods to help feed a family over an extended school break.

You Can Help!

- Volunteer
- Donate Money
- Donate Food

For more information:
info@efoodnet.org
(253) 584-1040



Items In a Break Bag

- Beef Stew
- Peanut Butter
- Canned Fruit
- Canned Vegetables
- Oats
- Breakfast or Snack Bars
- Cereal
- Dried Beans
- Rice
- Potatoes
- Onions
- Fresh Fruits
- Fruit Juice



Food Drives

Have a food and fund drive!

In 2016, our community donated 348,477 pounds of food which is equivalent to being able to provide 278,782 meals! Check out our food drive toolkit and register your food drive at www.efoodnet.org.

- Raise awareness about local hunger.
- Collect food for people in need.
- Fight hunger in Pierce County.



Letter Carriers' Food Drive

Saturday, May 13, 2017

How does the Letter Carriers' Food Drive work in Pierce County?

1. Leave a bag of non-perishable food at your mailbox on May 13.
2. Your postal carrier or a volunteer will pick it up.
3. EFN distributes the food to our neighbors in need in Pierce County.





OF TACOMA AND PIERCE COUNTY

**3318 92ND STREET SOUTH
LAKEWOOD, WASHINGTON 98499**

NON-PROFIT
U.S. POSTAGE
PAID
TACOMA, WA
PERMIT NO. 77

ELECTRONIC SERVICE REQUESTED

If your name is incorrect or you are receiving duplicate mailings, please call 253-584-1040. Emergency Food Network does not sell or exchange mailing lists.